

WOMAN AND HOME

THE GIRL BABY AND HER FIRST HOUR AT SCHOOL.

Physical Health of Women-Utilizing Stale Bread-Short Visits the Dest-Dis-Stale Bread-Short Visits the Eest-Dis-into a recombinate of turkey dressing. Cut the bread into dice, and if you have a quantity of gravy from which fat can be taken, and Legache-Notes and Paragraphs.

To-morrow my baby will be my baby no longer; she is going to school. Her world is the bottom of a spider, put in the bread, with shout to widen, her life is about to breaden,

What a short six years they have been!
What a short six years they have been!
They brought her and put her on the pillow beside me; I put my finger near her hand and she grapped it. I haven came chose to me than I had ever chose the pillow beride me; I put my finger near her hand and she grapped it. I haven came chose to me than I had ever chose the might. The first day that I sat up norms gave her to me and I had been an my same. My own little day, hard places and crusts which table! I wanted no past no factors I wanted to the properties the interpretation of the pillow and places.

The little day, hard places and crusts which always securable to its put on a pic tin in the past of the pillow. beby! I wanted no past, no factore; I was an oven that is just hot enough to dry and

supremely happy in the present.

When she ley in her crib and followed ms and put away to use in making croquettes. with her eyes! that was bliss. When she coost tome! When she stretched out her little hands crumbs make excellent griddle cakes with to me! When she laughed as I came near the addition of one egg and a handful of heri Ah, God is very good to mothers, and I
wondered why such joy should come to ma.
Perhaps there was a pang of sorrow as she
left off her long clothes. Yet the canning fittle feet, the creeping figure, the similest steps, the final walking, these made the charge a time of fulness for the mother, and the baby was still all my own.

She has grown in everything except in getting along without me. Mamma has been
the pivot around which her life has revolved. She has come to me with her pains, her dis-appointments, her failures and her joys. In beds, in well ventilated chambers, rise to take my oar she has whispered the wonderful thoughts that childhood lives upon. No question could reach so high or pierce such suitings when the weather requires them, est copths but that mamma could answer it. No their well cooked breakfast of well chosen danger could threaten her that mamma's arms were not a safe refuge from. No pain so severe but that mamma could relieve it.

How many hours in these six years have we two been together? Ah, me, we shall be but one from this on, but we have been but one thus far. Not any less real to her than I am, are the hundred heroes of stories that I have evolved for her; they seem very real indeed, to me. If I have entertained her she has no less been my "Schehererade," and has related tales fully as impossible as the Arabian Nighta. Of late she has wandered further away, but never so far but that she could rus quickly home if her fear was aroused. She has brought with her thoughts bouse" I often take tea with her, and she cannot take more pleasure in the "make is lieve"

But now she is going to school! I shall pretty and charming under-teacher, who class my baby, I have lost her. She will be to have the door with kines on her lips, and my there to have their minds and not their renwords in her ear, but she will come home full of school, of companions, and teachers. She will pass into a world where I am not; where | nicious than one for a young man, because I can only follow at a distance; and she will her normal. But no experience is commoner than this the wholly mine. Oh, good teacher; the is but one of fifty in your room, and, perhaps, in your eyes, one of the least interesting. But, oh, she is my one ever lamb and heaven things on me out of her interesting. interesting. But, oh, she is my one ewe sinuntating effect of complex dies—the shar-lamb, and heaven shires on me out of her ing, in a word, of the more sophisticated life syss. I must share my kingdom with you.

Your praise will count with her greater than mine; your frown will be more fearful than all my theadering. She was but a bally an hour ago, but she is one no longer. I shall pick up most of the phythings and pot them away. To more our agint she will look on them with great around she will look on longer, and she will look on longer, and she will look an look of the phythings and pot them looks on them with great around, as will be a baby no longer, and she will have not away her below to manhood by this terrible "go" of American longer, and she will have not away her below to manhood by this verifies "go" of American longer, and she will have not away her below to manhood by this terrible "go" of American longer, and she will have not away her below to manhood by this terrible "go" of American longer, and she will have not away her below to manhood by this terrible "go" of American longer, and she will have not away her below to make up for his weight. In longer, and she will have put away her baby | ican life. It is not study that will hurt them;

it is the over-sensibility that study does much So I six hers pitying myself while I press herto my heart. She is full of the happiest authops hour, but I whaper to my neiling heart—I am about to loss my buby.—William H. Maher, in The Toledo Journal

Sheet Their Are the Best.

It is not siways wise to make a rule that no one is to be a limited during the evening; on the contrary, a guest may be heartill comed if it is known at the outset that he has a masonry, but with no cement wither outside come for a short time, that he is cheerful, or in. Such walls are percus and seak up come for a same time, the same the convenient and friendly, and summing and in where the convenient at a sponge. Then it worth intening to small effectioning. From slowly trickles down the instile, emitting mathematical states and the interior sponge of the soil in which all manner of fungoid growths fourth. The rooms over while the clock strikes the authending half every home should be frequently examined to tou Traveler lly in | see that this source of danger does not exist. turn comes describingly to the rescue of the fallering conversally, it and plocally ring.

We are require defect the state of our continuous above. The two fields, stagrant sciences, and if we have allowed them to be water from the sewers and the water filtering come as duli that they do not give us the un-mistal a lis warming to guraway, then we must not fire if we are warded off, dreaded and to yield to the first disease. and roth we are warded and called brant. I was delighted to had some ones on the round the rooms themselves, in far too many houses, are discuss breeders. A shall any right to spend two hours are time with any friend, without a special invitation, since it could not fail to be an interpretation, and it gave by to my house many houses, are discuss breeders. A next and tanty paper upon the wall makes a room inviting and adds to the home comfort. But, unfortunately, even when the paper is made free from posison—a good parameter of the rooms themselves, in far too many houses, are discussed to many houses, and a supplied to the rooms themselves, in far too many houses, are discussed to many houses, and the many houses, are discussed to many houses, a person to respect the rights of others. Pis-ture some one, who has assured himself that it is sits bed is just the home for the minute he is not likely to find amusement under his organisms which produce certain diseases. own roof, setting forth in search of a more | This is bad enough where there is only a that one family has horsally paid its money | are spread upon the same wall, outside of one tion that the failes are engaged. Perhaps at | the plain plastered wall. - La Roy P. Griffin, the fifth he gains an entrance.

One person rises harrically from the refa; another comes requirantly from a deck, where some notes and letters must be written at some this during that evening, and the stricken group ranges facil to the demands of friendship and society. The master of the house returns presently as his vocation, with a brave excuse. It may be 8 o'clock when the grant venes; it may be 9, and he may be kinstener of and until them be he may even be perfushed and entertaining, but he stays until after 10, everybody thanks that he could have said and a wall has was word doing, and have been usked to stay longer, or to come again worn, when he took leave.

There is no greater compliment and tribute to one's integrilly than to be turnly entreated There is no greater companied and whites to one's integrity than to be taking advantaged to ais down for sentimentationer. Of course, we treat on a those civiliy in an evening visit, but is in a great deal better to come away too soon than to stay too iste. In a bony, over-worked and over-harded city life, and such invitating messes crowded or poured into the delicate labyrinth of the ear bony, over-worked and over-harded city life, and such invitating messes crowded or poured into the delicate labyrinth of the ear with the "heart of a reasted endough that it is in point of fact. Not that the ocean is sinking, in point of fact. Not that the ocean is becoming deeper, but the whole bed of the sea way do much mischlef.

Another shelf in a victim of benche. In one's sell, or even a part of one. lab-or ought to wish-to make life pleasant for ourselves and other people, and are ready to be generous aron with our time; but no one likes to be plantfored and defrauded. It is the underlying pracripts of our neighbor's action and constant toward as which makes quarters, in the dead of winter, to kindle five be a weak or soft spot, a crack will at last as thankful or resentful when he comes to and fill frosty kettles from waterpails thickly take place.—Boston Transcript.

To Utiliza Stale Broad.

A great deal of broad is thrown away by But lately we have learned all this work and wholly lest, for if wat a little it makes good

When the brend is seaked soft, make it fise | ter, in Good Housekeeping.

THE LARRIKIN OF LONDON. Fatless, Capless and Tireless, He Gives

flour to stiffen enough so that the cakes can

the batter one even tenspoonful of soda. If

left from any kind of ronst-though a piece

of butter will do as well-thoroughly gree

Physical Health of Women.

Now the laws that govern physical health

their stimulating bath in a comfortable bath

room, invest themselves in flannels and heavy

food, wrap themselves sufficiently, and wear

heavy booting, and beginning the day thus thoroughly fortified, seek to spend as much

time out of doors as their affairs will perzuit.

Young women ride, skate, bowl, play

ways lead far more healthful lives than their

If, with all these offsets, the stimulating

sibilities educated, and be ause a grand pas-

ion for a young woman was even more per

Disease Breeders.

in Chicago Current.

with earsone since her bubyhood. No sores

sente suffering with earnche. After trying

crusted with ice, that we might get the

writhing pedal extremities of our little heir

into a tub of hot water as quickly as possible

child's ear, eoon relieves the pain.

wind is almost certain to cause her

emotional development

rds, go out in all weathers, and in most

Chase to the Four-Wheeler. you do not use nour milk use twice as much The several societies and the many amateur cream of tartar as soda. French toast, always a favorite dish with children, can be philanthropists who have made the fate of the made of thin clices cut from a stale loaf and small boy the object of their care have nearly cleared the great London streets of the gamin moistened in milk and eggs-two eggs to a pint of milk-and then fried on a griddle and gaminne. They are still to be seen in the slums fighting in their rags for a rotten apple with a mixture of butter and lard or butter and beef drippings, and may be eaten with sugar or syrup, like griddle cakes. Pieces of or dancing in their tatters around a hurdygurdy, but they have been killed, philan-thronized and societied off the thoroughfares. bread which are not too hard can be made "Poor Jo" is a thing of the past, and the places he occupied are filled by the bootblack brigade, the newsboys and the organized street cleaners. There is one youth, however, that neither the policeman, the philanthropist nor the novel writer has been able to sup-

press, and that is the larrikin. I had an experience with him when less than two hours in London, and after that studied the habits of the beast with much interest. We were making for a quiet lodging house in Islington, ourselves inside and our baggage on top of a "growler," and were about six or seven streets from the place when I saw the slimmest of youths dark around a corner and give chase to the four-wheeler. Fatless, capless and tireless he kept make them a light brown; then roll them fine up a run along the sidewalk, dodging his way among the passers-by as though he were greased, watching each turn of the back with a keen eye and darting down whichever street the cabby steered his rickety horse, When the house was reached, there at the area gate stood the skeleton youth. When the horse was pulled up, with all four feet stuck out like the legs of a chair, the fleet lad rang the bell. By the time we had alighted he had our trunks on the pavement, and by the time our identity had been established with the landlady he had carried our trunks upstairs to our spartments.

Then came the explanation. He was not a messenger attached to the lodging house as a convenience for guests; neither was he the hack driver's son. He was a larrikin, a gaunt hunter of baggage-laden strangers. He had marked us for his prey, had chased down the quarry and his price was sixpence. After that I saw him often—that is, those of his kind. His favorite hunting grounds were the great lodging districts Kensington, Camberwell, Brixton, Stoke Newington, Camden Town, etc., and a four-wheeler with trunks on the roof and people looking curiously out of the windows was a sure sign of fair game. His distinctive conduct was the precipitancy with If, with all these offsets, the stimulating influences of their lives still tell upon them with harmful effect, making themold before their time, the cause, we think, is to be though fresh from a lounge. Old ladies were found in heir emotional precocity. From a great catch for him, and he would so "fly the baby of 2, stimulated by caressings and around" and bang things about that they generate a cajolings to exhibit a dramatic passion of would deliver up backsheesh before they will confer it. affection for its mother or its nurse, to the thoroughly knew what they were doing, maiden of 18, ready to toss her heart to the Sometimes they would chase down the same gathered from other children, but they are made not 18, ready to tose her heart to the brought to be told in the cracible of mans-first empty Prince Charming, it is hardly too prize and so be wilder the victim with sham afgmant and wisdom. When she "keeps | much to my that every girl is hurried in her | quarreling that they would be paid for the sake of peace. No attempt seems to be made A certain famous tenener once us not that she would not have in her school a pretty and charming under-teacher, who brethern of Arabia. The city Arabs, as the gamins used to be called, were not nearly as them follows for what the one A certain famous teacher once declared to abolish these Bedouins of the London desbegged these extort.-London Cor. San Fran-

Life on a Fast Yacht.

Smell wonder that the owners of racing vachts need some creature comfort on board, for on race days every bit of coal is put on stiere to "lighten the ship," and collations are the order of the day. In some yachts even

-in order to make up for his weight. In other words, the crew is a Corinthian one; everybody is at least expected to "final in on the main sheet." The forward part of a racing yacht's deck is a wilderness of ropes, although it is a very orderly wilderness, in which every foot of rope is carefully coiled

Far too many houses, both in city and and put in its own particular place. country, are positively dangerous. Many Yacht sailors have a pretty easy, comfortcity houses stand on made lend, or at lend that which was formerly swampy. The formdution walls, when there are any -for houses for the perils and excitements of the deep sca often stand on posts above -are built of solid sailing, when they have once become used to it, and beg to be allowed to return to the ocean. Indeed, the destination of a yacht is largely "harboreal," and what with contrary winds and equally perverse calms, with the constantly recurring necessity of shipping more water, and a new supply of ice, the settles down appealone tired face after another, such places are first-class disease breeders, and ocean wave gets a good deal neglected. -Bos-

The English Matron Abroad. The Englishman on his travels is the standing butt of the witty Parisian, but the English woman at least seems to be quite a match for the average Frenchman. A lady of interesting appearance called the other morning on a jeweler in Paris, and after pur chasing a bracelot presented a £10 note in payment, from which she received change amounting to nearly £5 and went away. The French, though they may despise things English, have a liking for English bank notes, especially when they have not had to pay for seem at the current rate of exchange. So the jeweler gayly stepped around to his banker to get his 250 and odd france. And agreeable place in which to spen I the evening. He huma from door to door, flishing the case, several layers of paper and paste on the bank of elegance, but an order doted when he arrived, the banker pointed out that on the bank of elegance, but an order dated that one runny has an analy part its money another, the danger is multiplied many third on joying as invited questa, while at the fourth he is mist at sight with the information. The best wall is, undoubtedly, the pictures. It is difficult not admire the daring pictures. It is difficult not admire the daring the mist at sight with the information of the pictures. It is difficult not admire the daring the mist at sight with the information of the pictures. It is difficult not admire the daring the mist at sight with the information of the mist at sight with the mist at si coolness of the woman who could try such a successful experiment in a big city, though one may share in the borror of the French must be sold. papers, and reiterate their warning to shop-Enrache and Legache.

One of our little girls has been troubled daughter of Albion.—St. James' Gazette.

A Distinguished Scientist's Views. Sir John F. W. Herschel, in a lecture on earthquakes published about ten years ago, g that I have seen or heard | calls attention to the enormous quantities of re commended, I have settled on this applica-tion as giving surest and quickest relief. It or are washed from the coast, and says that revocaments to go, and inwardly regets has presente. For half an hear is count have felt sure of well ones, in that time he certainly the whole side of the face with dry flaunci central heat of the earth. This is no scienard shange the bop bag as often as it becomes cool. The warm steam filling the established by direct evidence up to a certain point, and standing out from plain facts as a Stuffing the car with the "heart of a reasted matter of unavoidable conclusion in a hun-

may do much mischief.

Another child is a victim of legache. Inherited, possibly, for well do we remember from the surface of the water. It is impossible to the surface of the water in what we suffered with its tortures in our own childhood. Heat and moisture gave us relief, some places and relief in others must be very and, following in our mother's footsteps we

A Revolution in Photography. Just now my hobby is photography, and I ing in our sleeping room, ready for such an making very encounful experiments with it. emergen y-wrap the limb in it from ankle. I take a negative the size of a thumb-nail and bread. It makes delicious a relations when some caugh to over them. Should be wathing the threat with the account of the relation of the relat bread. It makes delivering relations state bread in cold water. Three small slices, with water energy to over three should be small slices, with water energy to over three should be small slices, with water energy to over three should be small slices, with water energy to over three should be small slices, when the mink and from are added, to make the others and chest often helps so specify that it is not necessary to slicken the child with increasing the breaks of the same of the course of time. Extra prevented by swathing the threat with dry, warm flamels; a thick peak of them to sweet the threat and chest often helps so specify that it is not necessary to slicken the child with increasing the breaks.—Clarises Potting the break it analysis of driving crayens out of the market.—Str. in Good Housekewing. Rev. Charles Charropin in Globe-Democrat.

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Morbidly profuse menstruction, too great frequency, or too much at each time. The circulation is quibkened, the mouth bot, the tongue dry; there is a general depression, with headache and giddiness—no more de-pressing disease, and sure, if not cured to disarrange every other function,

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